

10 TIPS FOR MAKING AND KEEPING FRIENDS

- 1) Watch other kids in class and on the playground. See if you can find some who play without teasing or fighting. They would probably make good friends.
- 2) Take part in games on the playground where kids line up to take turns.
- 3) Watch to see what other kids like. Find out as much as you can about what they like. Then you can talk with them about the things they like.
- 4) Do not try to make other kids be your friends, especially the most popular ones. You might find good friends in students who are not part of the “in crowd”. Is there someone who seems shy? Maybe that person is waiting for you to act friendly first.
- 5) Do not wander around the playground by yourself and hope someone will ask you to play. Instead, choose a game and ask someone to join you.
- 6) When you play with others, compliment them, take your turn, and be a good sport.
- 7) Do not show off or get into trouble to get noticed.
- 8) Most people like to talk about themselves. Ask other kids questions about what they like to do. Or ask them about their favorite TV shows, sports, or games.
- 9) Be friendly, share things, and do not tease. Treat other kids the way you want them to treat you. (That is right: This is the Golden Rule!)
- 10) Like yourself. Kids like other kids who like themselves.

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